

HIGH AND SEEK

**Defend our Youth,
Empower our Parents,
Educate our Educators**

An interactive presentation for adults only, using a **Staged Teenage Bedroom** with indicators and warning signs of teenage risky behaviors, such as drug use and underage drinking. Participants tour the bedroom, receive training on current drug and alcohol trends, what to look for, and techniques for communicating with teens.

**THIS INTERACTIVE COMMUNITY EVENT IS BEING OFFERED
FREE OF CHARGE TO ADULTS ONLY (21 YEARS +).**

**THE INTENT IS TO INCREASE AWARENESS, PROMOTE EARLY DETECTION
AND INTERVENTION OF TEENAGE RISKY BEHAVIORS.**

Wednesday evening, February 1
6:00 – bedroom open for viewing
6:30 – presentation begins

Townsend Ridge Country Club
40 Scales Lane
Townsend, MA

sponsored by:



**North Middlesex Community
confronts the dangers of
prescription drug abuse**

Our Presenter: Melissa Fernald LICSW, MLADC



Melissa Fernald is a dually licensed clinician with more than 19 years of field experience. She is a Licensed Clinical Social Worker and is a Master Licensed Alcohol and Drug Counselor who is Internationally Certified. Melissa has facilitated the “High and Seek” event to communities across 7 states. In addition to her community work, she has extensive experience teaching drug and alcohol education to both adults and teens from the private and public school sector. Through her work with students she has provided drug and alcohol education, as well as treatment to teens from more than 9 different countries. As a mother of three, she understands the challenges parents and teens face on a daily basis.

Safe Surroundings NE, LLC | 603-848-2260